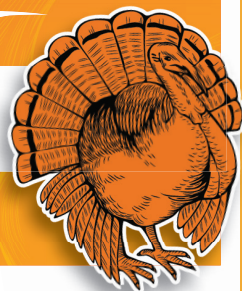




# November 2023



## 11/1 Wednesday

9:15 – Get Fit with Therapy  
10:00 – Resident Council and Chef Chat  
10:30 – Bingo  
1:15 – Drum Exercise  
2:00 – Singing with Angela  
2:30 – Painting with TJ  
4:00 – Progressive Rummy  
6:00 – Oldies music in the sun-room

## 11/2 Thursday

9:30 – Get Fit with Jean  
10:00 – Bible Study with friends  
11:00 – Noodle Ball  
1:15 – Chair Kick Boxing  
2:00 – Fancy Nails with TJ/Michelle  
3:00 – Hangman  
4:00 – Cards- Trash  
5:40 – Movie and Treats with TJ

## 11/3 Friday

10:00 – Kitchen Band  
10:30 – Cornhole under the Portico  
11:30 – November Birthday's with Managers  
1:15 – Drum Exercise  
2:00 – Baking Winter Treats  
4:00 – Kings Corner  
6:00 – Oldies Music in the sun-room

## 11/4 Saturday

10:00 – Bingo  
11:00 – Crossword Puzzles  
1:00 – Noodle ball with Staff  
2:00 – Scrabble with Friends  
3:30 – Adult Color  
6:00 – Jeopardy Ch. 106

## 11/5 Sunday

8:30 – Independent Bible Study  
9:00 – Inspiration Bible with Kelli  
11:00 – Noodle Ball-MOD  
2:00 – Catholic Communion  
3:30 – Rawlinson Road Church  
6:00 – Music in the Sunroom

## 11/6 Monday

9:15 – Get fit with Therapy  
10:00 – Unscramble the word  
11:00 – Adult Color  
1:30 – Drum Exercise  
2:00 – Outing to Walmart  
3:00 – Adult Color  
4:00 – Progressive Rummy  
6:00 – Evening New in the Sunroom

## 11/7 Tuesday

9:30 – Get fit with Jean  
11:00 – Bingo  
1:30 – Chair Yoga  
2:30 – Noodle Ball  
3:00 – Crafters Corner  
4:00 – Kings Corner-Cards  
5:40 – Movie and Treats with TJ

## 11/8 Wednesday

9:15 – Get Fit with Therapy  
10:00 – Bingo  
11:00 – Unscramble Words  
1:15 – Drum Exercise/ Practice Christmas Songs  
2:00 – Singing with Angela  
3:30 – Progressive Rummy  
6:00 – Oldies music in the sun-room

## 11/9 Thursday

9:30 – Get Fit with Jean  
10:00 – Bible Study with friends  
11:00 – Hangman  
1:15 – Chair Kick Boxing  
2:00 – Fancy Nails with TJ/Michelle  
4:00 – Noodle Ball  
6:00 – Evening News

## 11/10 Friday

10:00 – Kitchen Band  
11:00 – Adult Color  
1:15 – Drum Exercise  
2:00 – November Birthday Party w/Resident  
4:00 – Progressive Rummy  
6:00 – Oldies Music in the sun-room

## 11/11 Saturday

10:00 – Bingo - MOD  
11:00 – Crossword Puzzles  
1:00 – Noodle Ball  
2:00 – Game of choice  
3:00 – Adult Color  
6:00 – Jeopardy Ch. 106

## 11/12 Sunday

8:30 – Independent Bible Study  
9:00 – Inspiration Bible with Kelli  
11:00 – Noodle Ball  
2:00 – Catholic Communion  
3:30 – Rawlinson Road Church  
6:00 – Music in the Sunroom

## 11/13 Monday

9:15 – Get fit with Therapy  
11:00 – YC Library  
1:15 – Drum Exercise  
2:00 – Outing to Tender Hearts  
4:00 – Progressive Rummy  
6:00 – Lighthouse Ministries - Carl

## 11/14 Tuesday

9:30 – Get fit with Jean  
10:00 – Bingo  
11:00 – Arm Chair Travel  
1:20 – New Beginnings Gospel-Richard  
3:00 – Noodle Ball  
4:00 – Progressive Rummy  
5:00 – Family Night

## 11/15 Wednesday

9:15 – Get Fit with Therapy  
10:00 – Bingo  
1:15 – Noodle Ball with Music  
2:00 – Singing with Angela  
3:00 – Adult Color  
4:00 – Kings Corner  
6:00 – Evening News

## 11/16 Thursday

9:30 – Get Fit with Jean  
10:00 – Bible Study with friends  
1:00 – Chair Yoga  
2:00 – Fancy Nails with TJ/Michelle  
4:00 – Poker  
6:00 – Family Night

## 11/17 Friday

10:00 – Kitchen Band  
11:00 – Ring Toss  
1:15 – Drum Exercise  
2:00 – Baking Fall Treats with TJ  
4:00 – Progressive Rummy  
6:00 – Evening News

## 11/18 Saturday

10:00 – Bingo - MOD  
11:00 – Crossword Puzzles  
1:00 – Noodle Ball - Staff  
2:00 – Game of choice  
3:00 – Adult Color  
6:00 – Jeopardy Ch. 106

## 11/19 Sunday

8:30 – Independent Bible Study  
9:00 – Inspiration Bible with Kelli  
11:00 – Noodle Ball-MOD  
2:00 – Catholic Communion  
3:30 – Rawlinson Road Church  
6:00 – Music in the Sunroom

## 11/20 Monday

9:15 – Get fit with Therapy  
10:00 – Armchair Travel  
11:00 – Parachute Ball Toss  
1:15 – Drum Exercise  
2:00 – Practice Christmas Songs  
4:00 – Kings Corner  
6:00 – Lighthouse Ministries - Carl

## 11/21 Tuesday

9:30 – Get fit with Jean  
11:00 – Bingo  
1:15 – New Beginnings Gospel  
2:30 – Chair Kickboxing  
4:00 – Progressive Rummy  
5:00 – Out to Dinner Texas Road House

## 11/22 Tuesday

9:30 – Get fit with Jean  
11:00 – Bingo  
1:00 – Painting with TJ  
2:30 – Chair Kickboxing  
4:00 – Progressive Rummy  
5:30 – Movie and Treats with TJ

## 11/23 Wednesday

9:15 – Get fit with Therapy  
10:00 – Bingo  
11:00 – Armchair Travel  
1:15 – Drum Exercise  
2:00 – Singing with Angela  
3:30 – Card game Trash  
6:00 – Evening News in the Sunroom

## 11/24 Thursday

9:30 – Get fit with Jean  
10:00 – Bible study with Friends  
1:15 – Noodle Ball with Tunes  
2:00 – Fancy Nails with Michelle & TJ  
3:30 – Progressive Rummy  
6:00 – Evening News

## 11/25 Friday

## 11/26 Saturday

10:00 – Bingo-MOD  
11:00 – Word Search  
1:00 – Noodle Ball with Staff  
2:00 – Scrabble with Friends  
3:00 – Adult Color  
6:00 – Jeopardy Ch. 106

## 11/27 Sunday

8:30 – Independent Bible Study  
9:00 – Inspiration Bible Study with Kelli  
11:00 – Noodle Ball with Staff  
1:00 – Cards with Friends  
2:00 – Catholic Communion  
3:30 – Rawlinson Road Church

## 11/28 Monday

9:15 – Get Fit with Therapy  
10:00 – Out to Lunch and a Movie  
11:00 – Noodle Ball with RA  
1:15 – Word Search  
2:15 – Chair Kick Boxing  
3:30 – Progressive Rummy

## 11/29 Tuesday

9:00 – Get fit with Jean  
11:00 – Bingo  
1:15 – Chair Yoga  
2:00 – Crafters Corner  
3:30 – Kings Corner  
5:40 – Movies and Treats with TJ

## 11/30 Wednesday

9:15 – Get fit with Therapy  
10:00 – Bingo  
11:00 – Guess the Price  
1:15 – Drum Exercise  
2:00 – Practice Christmas Songs  
3:30 – Progressive Rummy  
6:00 – Music in the Sunroom (TV)

